

THE
BOOK
OF
P.A.L.M.S.

April 20, 2010

Testimony for P.A.L.M.S.

Good morning, Mr. Chairman and members of the Health Policy Committee. It is, indeed, an honor to address you this morning.

I have waited three years for this moment. Thank you.

I have been asked today to convey my 'story' about how I started this journey that I am on. To speak of the overall drug redistribution in general, is fairly imbedded in HB 4910 and HB 4911 that Representatives Moore and Mayes introduced last year. (They are attached for your convenience.)

The language and concepts in Bills 4910 and 4911 are basically from my passion for this cause. This has been a 'labor of love' for me. As with some legislation, bills are made into law based on events that happened from everyday life.

These bills are no exceptions. When my wife, Paula, died from ovarian cancer in 2006, we had many used and unused prescriptions drugs leftover. What do you do with them and all the medical supplies that are unused? Well, the normal thing to do, and what you are told to do, is flush them down the toilet so no one else would mistakenly take them.

It was only within the past 5 years, that there is hard evidence that drugs flushed down the drain are now seeping into our drinking water. Both in natural ground water and city municipal water systems.

One drug in particular that Paula was taking is called Zofran. It is an anti-nausea drug. It is a drug that relieved her of excess pain and suffering. When she felt nausea coming on, she would put this tablet (like a fizzy) on her tongue and the feeling went away instantly. A tremendous drug. When I saw what relief Zofran did, I was not about to flush it down the toilet. 28 tablets cost \$1400. I would find someone else who could use it and not be able to afford it.

Working with our social worker at Covenant, Jerry Bishop, he referred me to Sister Phyllis Klonowski, a registered pharmacist, at the Community Prescription Support Program in Saginaw. After making contact with her, she indicated she could accept other drugs also.

I then set up a program in Clare County, along with the Sheriff's approval, to have a locked drop box at the Sheriff's department. Public notices went out in the papers to have people rid themselves of their used/unused prescription drugs and other medical supplies. I was taking 2-3 garbage bags a week to Saginaw. I never knew what drugs were in the bags as I just collected the bottles. The non-medical supplies, I worked with the Clare Senior Services to help stock their needs. The rest of the

supplies I am keeping in a building and dispensing them, free, as needed.

The Program had been working for about three weeks and then 9 & 10 news did a story on it. I received many calls from all over the state inquiring how to set up the same program in their city. Unfortunately I did not know it was illegal. In Michigan, you cannot give your prescriptions to anyone else much less transport them. So I had to stop everything.

In 2006 I talked to Rep Tim Moore about introducing legislation. There was a bill pending that addressed what I wanted to do. After I read it, it didn't do what I thought it should. I rewrote the bill but it never made it into the final bill before it ultimately died in committee after two years.

In 2009, Rep Tim Moore along with Rep Jeff Mayes re-introduced two separate bills that included most the wording I wanted. We had two press conferences at two separate locations. (Saginaw and Harrison)

All of that is what today is all about. Making my passion, your passion. This is a Win-win-win situation for everyone. What these bills will do is:

- Keep drugs out of our drinking water.
- Get unused drugs out of people houses so kids can't have access to them.
- Get unused drugs out of houses so predators won't break in and steal them.
- Get unused prescription drugs to people who cannot afford them.
- A volunteer program by County.
- Protects manufacturer and giving citizens. (Good Samaritan Law)
- Inspection of all drugs before disbursement. (Registered Pharmacist)

The bill is not perfect and still needs some refinement. But when 35 other states have laws on their books addressing this issue, it is past time that Michigan should have one.

The point is, I had a working model of this program in Clare County. It did and will work. It can be voluntary by County. It doesn't cost a lot of money. Regulations can be written to include Samaritan clauses to protect people/organizations. I can provide people to help promulgate the needed verbiage to what Community Health standards may require.

I, we, are willing to make this happen. It starts with this committee. Thank you very much for your time and attention and I will be happy to address any concerns you may have now or in the future.

Blessings,

Tom Pirnstill

tpirnstill@sbcglobal.net

PO Box 498

Lake, MI 48632
989-544-3790

Attachments:

The Beginning of PALMS
Community Prescription Support Program
Paperwork trail for collecting supplies
Letter from Sheriff Goyt
Retraction of program
Bay County Collection & Disposal
HB 4910
HB 4911

P. Program

A. Allocating

L. Leftover

M. Medical

S. Supplies

P. A. L. M. S.

A Program for Allocating Leftover Medical Supplies is being announced today in Clare County. The PALMS program was created by Tom Pirnstill, Lake, in co-operation with the Community Prescription Support Program (St. Mary's Annex located in Saginaw, MI.), the Clare County Sheriff Department and the Council on Aging Clare/Gladwin.

Many people have unused prescription drugs in their home they no longer use or need. For a long time, we have been told to dispose of them by flushing them down the toilet. This has not helped the ground water supply.

The P.A.L.M.S. program is unique in that it lets you dispose of drugs safely and without disturbing the environment. No longer do you need to keep unused medicines in your bathroom, dresser drawers, etc., AND you just may be helping someone less fortunate who cannot afford to buy the medicines they need.

Here is how the program works. Bring all medicines you don't use or need (you may remove your name if you like but DO NOT remove the name or strength of the medicine) to the Clare County Sheriff Department Monday through Friday, 9AM - 3PM. The officer will secure the medicines in a locked container. When full, they will be delivered to St. Mary's Annex for processing. Sr. Phyllis Klonowski, who is a registered pharmacist, using strict guidelines, will utilize what medicines meet her criteria. These medicines are given free of charge to the patients she is helping, (one month's supply) then working with pharmaceutical companies to supply her patients accordingly.

Having dealt with an extended illness, Tom knew how difficult it was to dispose of many expensive type of drugs. Jerry Bishop, a

social worker with Covenant Hospital, helped Tom contact Sister Phyllis. She was very willing to help in this effort. He then contacted the Sheriff's department and the Council on Aging and received cooperation from everyone involved.

P.A.L.M.S. can also help you dispose of non-medicinal products such as incontinent supplies, oxygen hoses, powder, liquid nutritional supplements etc., Bigger items that are in useable condition such as crutches, wheelchairs, beds, bath aids, etc., are also articles we can help you with. Please call Verna at the Council on Aging Clare/Gladwin at 588-9816 for further information and assistance.

My thanks to Sister Phyllis, Sheriff Goyt, Council on Aging Clare/Gladwin Council, Jerry Bishop, Dave Courtney, Anne Donnellon and Paula in helping me to realize a dream into reality and offer a valuable service for our County.

There will also be a receptacle available at the 3rd Annual Paula Pirstill Memorial Health and Safety Fair to be held April 21st at the new Farwell High School Gymnasium.

In case you missed this on TV or in the paper.
Kudos's to Tom for making this important difference

CLARE COUNTY BUYERS GUIDE - A PUBLICATION OF MORNING STAR PUBLISHING COMPANY - Sunday, February 25, 2007



Clare County Man Creates Program Giving Unused Prescriptions To Those Less Fortunate

By SUSAN FELD
Clare Managing Editor

A Clare County man is spearheading an effort to give unused prescription drugs and other medical help to the less fortunate.

Inspired by his wife, Paula, who lost her battle with ovarian cancer in July, Tom Pinstill decided to help others going through the plight he and his wife faced.

During Paula Pinstill's illness, she was prescribed Zofran, an anti-nausea medication that cost \$1,400 for 28 tablets.

After his wife's death, Pinstill was left with the remainder of prescription medications that he didn't want to simply flush down the toilet.

But no physician or hospital takes back medications, Pinstill said, so he began his quest to get the drugs to people who need but may not be able to afford them.

With the help of the Clare County Sheriff's Department, the Clare-Gladwin Council on Aging and a prescription support pro-

gram in Saginaw, Pinstill created the Program for Allocating Leftover Medical Supplies.

Pinstill, a resident of Lake, is not only interested in giving medications to those in need, he is working with the council on aging and the St. Mary's Annex in Saginaw to provide other necessities like wheelchairs and nutritional supplies.

Non-medical items can also be donated, Pinstill said. Oxygen hoses, incontinent supplies, powder, crutches, beds and bath aids are also being accepted, he said.

While larger items can be dropped off at the sheriff's department, donors can call the council on aging for assistance at 989-588-9816, Pinstill said.

Knowing how difficult it is to dispose of many drugs - flushing them could affect the groundwater supply, Pinstill said - he began discussing options with Jerry Bishop, a social worker at Covenant Hospital in Saginaw.

Bishop told Pinstill about Sister Phyllis Klonowski, a registered pharmacist at St. Mary's Annex.

Pinstill, who introduced the program last week, said drugs and other items can be dropped off at the sheriff's department from a.m. to 3 p.m. Monday through Friday.

Prescription drug information, including the name and the strength of the medication, must be left on the bottles but donors can remove their names from the containers, Pinstill said.

At the drop-off, officers will keep the medications in a locked container; when the container is full, the drugs will be delivered to St. Mary's Annex for processing, Pinstill said.

Klonowski will use the medications that meet her criteria, using strict guidelines, Pinstill said.

After losing his beloved wife to cancer, Pinstill thought of her while working out details of the program.

"Paula was an inspiration," he said. "I believe she would do the same."

lits parents with success

"By granting my sabbatical, the university was saying this book was a good idea," Wilson said.

She said the research in her book is both her own and the work of other scholars.

During the sabbatical, Wilson was a visiting scholar at Western, and became engaged to the man who is now her husband, Dan Martin.

Wilson and Martin first met at a sociology conference, and kept in touch.

The two married in 2003, and Martin now teaches at the University of Minnesota at Duluth as well. Martin also has a son, Justin, 17, from his first marriage.



Danielle Wilson, Ph.D.

Prescription drug recycling program in place in Clare County

By Amanda VanLente
Review Correspondent

After his wife's battle with cancer, Tom Pirstill of Lake decided to make disposing of medication easier for Clare County residents.

The result is "Program for Allocating Leftover Medical Supplies" (PALMS), a program that allows people to donate their unused prescription medication and other medical supplies to the needy.

The program began, Pirstill said, in a Clare County Board of Commissioners meeting, when he was faced with disposing of his wife's very expensive prescription drugs after her death.

He didn't want to flush them, he said, both because of the damage to the groundwater supply and because of the sheer cost of the medication.

He said he was also concerned for other residents, who were the subjects of break-ins because of the type of prescription drugs they kept in their homes.

So he did something.

Pirstill arranged with the Clare County Sheriff's Department to have any person drop off old prescription drugs, with the name of the individual, but not the name and dosage of the medication, blacked out, at the department between 9 a.m. and 3 p.m. Monday through Friday.

The medication will be kept under lock and key, and when the box is full, the drugs will be transported to St. Mary's Annex.

There, Sister Phyllis Klonowski, a registered pharmacist will examine the drugs to make sure they are still useable. If they are, a one-month supply of the medication will be donated to her patients.

Pirstill said the program also accepts medical supplies and bigger medical items and equipment.

CR&SP

Is a Cooperative Effort
Supported By:

AFL-CIO-UAW Community Services

Covenant HealthCare

First Ward Community Services

Health Delivery Inc.

Healthy Community Partners.

Healthy Futures

Medical Education Alliance

Saginaw County Commission on Aging

Saginaw County Department of
Human Services

• Saginaw County Medical Society

• Saginaw County Mental Health

• Saginaw County Public Health

• St. Mary's of Michigan

• St. Mary's of Michigan Foundation

• Synergy

• United Way of Saginaw

• U.S. Drug Companies:

Assistance Programs

CR&SP

Community Prescription
Support Program



People Helping People

Access Assistance for
Prescription Medications

Phone: (989) 907-5602

Fax: (989) 907-5603

T T F

CR&SP

Can Help You

5A E
AM
VPM

Do you or someone you know:

Have financial restrictions?

Need multiple medications?

Need expensive medications?

Have no prescription coverage?

Did you answer "yes" to any of the
above questions?

Maybe we can help you!

9-3

web closed

mea

CR&SP

Could Use Your Help

Do you have:

Empathy for seniors/those in need?

Good listening skills?

Typing/computer skills?

Accuracy in documenting/recording?

3 - 4 hours a week to help?

Did you answer "yes" to any of the
above questions?

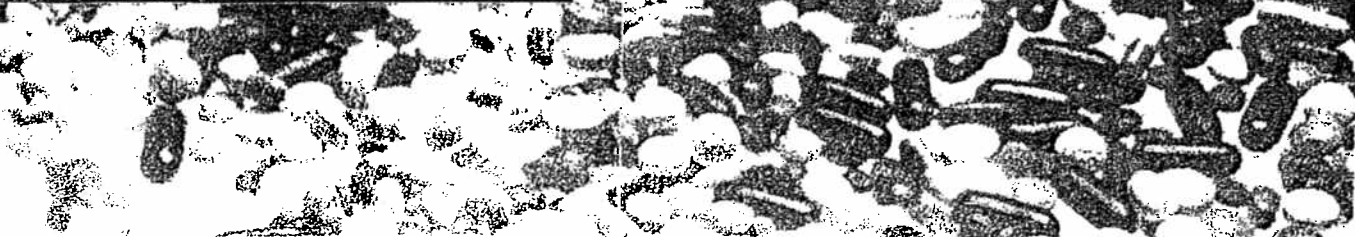
Then you can help us help others!

For further information
or to volunteer, please contact:

Sister Phyllis Klonowski, RPh, MS
Program Coordinator

CR&SP Office
St. Mary's of Michigan-Holder Street Annex
101 Holder Street
St. Mary's, MI 48063

Phone: (989) 907-5602
Fax: (989) 907-5603





COMMUNITY PRESCRIPTION SUPPORT PROGRAM

Saginaw, Michigan

OUR MISSION STATEMENT:

People helping people access assistance for prescription medications

OUR VISION STATEMENT:

We envision a day when all individuals will have unimpeded access to prescription medications. We pledge our collective efforts to advocate for such a future, locally and everywhere.

In the meantime, we strive to achieve our ultimate vision one-client-at-a-time, one-day-at-a-time. Each client we serve must feel that on *this* day, in *this* place, our ultimate vision occurred for him or her. To that end, our values--which we pledge to express--compel our efforts:

- We treat each client and each other with **personal dignity** and **respect**
- We employ the wisdom of our clients, our group and ourselves to solve problems for those we serve and our program
- We apply our hearts and minds with **empathy**, seeing ourselves and our loved ones in the face of each one we serve
- We approach our clients in an **holistic manner**, remembering that someone needing help with medications likely has other needs as well
- We pledge our best efforts to good **stewardship**, managing our limited resources to serve well as many clients as possible, with **safety** and **efficiency**
- We employ open and honest **communication** to guide our interactions with clients and each other

We see the cumulative success of our daily efforts leading to a world where our program and its services are no longer required, when everyone has access without restriction to prescription medications. We eagerly anticipate that day.



COMMUNITY PRESCRIPTION SUPPORT PROGRAM

Saginaw, Michigan

WHAT CRxSP IS NOT:

Our MISSION and VISION state what we strive to be as an organization.

To help clarify our purpose, we further state that CRxSP is not a:

- Retail pharmacy or over-the-counter drug supplier
- Medical service provider
- Case management service
- Pharmacy charging fees-for-service
- Insurance company
- Government agency or government service program
- Church organization
- Competitor to other pharmacies
- Entitlement program
- Statewide provider
- Provider of durable medical equipment, medical supplies or orthotics

THE TARGETED SERVICE GROUP OF CRxSP:

CRxSP serves residents of Saginaw County, Michigan and other clients who, though living outside Saginaw County, receive the preponderance of their medical care within Saginaw County.



Community Prescription
Support Program

1 Holden St. Saginaw, MI 48601

Phone: 989-907-5602 Fax: 989-907-5603

March 6, 2007

Mr. Tom Pirstill
P.O. Box 498
Lake, MI 48632
Attn: PALMS

Dear Tom:

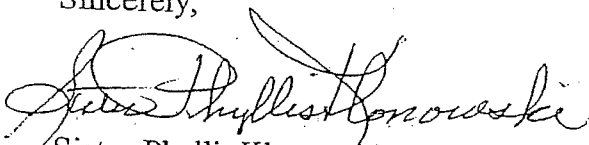
On behalf of the CRxSP Board of Directors, staff, and the people we serve, I would like to express our gratitude for your donation of medications. We are most grateful to you for your support.

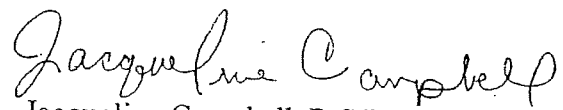
You are a true example of what one person can accomplish when they believe in what they are doing and are inspired to help others. Your recent donation of unused prescription drugs and medical supplies came just in time; we had clients waiting for diabetic supplies and CRxSP was depleted of what they needed.

2007 proves to be a busy year for us, especially with the changing economy and the increasing numbers that are coming to our doors for assistance. Referrals by word-of-mouth and networking are significantly augmenting the new clientele. We are blessed by your kindness and that of so many others who help us provide the much-needed medications for the clients we serve.

May God bless you and thank you again.

Sincerely,


Sister Phyllis Klonowski, RPh, MS
Pharmacy Coordinator


Jacqueline Campbell, B.S.W.
Operations Coordinator

Tom Pirnstill

From: "Tom Pirnstill" <tpirnstill@sbcglobal.net>
To: "Tom Pirnstill" <cctcmgr@sbcglobal.net>
Sent: Saturday, February 24, 2007 6:58 PM
Subject: Container Count.doc

P.A.L.M.S.

Please help keep track of the number of individual bottle/containers deposited.

Circle the next succeeding number by the quantity you are putting in this container.

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100
101	102	103	104	105	106	107	108	109	110
111	112	113	114	115	116	117	118	119	120
121	122	123	124	125	126	127	128	129	130
131	132	133	134	135	136	137	138	139	140
141	142	143	144	145	146	147	148	149	150

When bag is full, put this list inside the bag and tie with a bow release. After putting a new bag

Prescriptions/Non-Prescriptions Drugs

2/19-3/6	#Bottles	# Boxes	Descriptions	Date to Saginaw
		93	Inhalers	3/6/2007
		10	Nebulizers	3/6/2007
	217		Drug Bottles	3/6/2007
		9	Syringes	3/6/2007
3/6-	375		Drug Bottles	3/30/2007
			8 Oxygen Hoses	3/30/2007
			5 Bubble Humid	3/30/2007

Non-Medicinal Supplies Inventory				To Saginaw	
1 ML syringe		6		8/31/2007	
10 ML syringe		13		8/31/2007	
3ML sryinge		4		8/31/2007	
Adhesive tape - nylon		2 rolls		8/31/2007	
Albuterol Solution		36 boxes	25vials/box	8/31/2007	2.5mg/3ml
Albuterol Solution		13 packets	5 vials/pk	8/31/2007	2.5mg/3ml
Alcohol swabs		6 boxes	200/box	8/31/2007	
Back Protector		2		8/31/2007	
Bathtub bracket to hold on		1		6/8/2007	
Belts		4		8/31/2007	
Biopatch		2		8/31/2007	
Blankets		3		3/8/2007	
Bottle of Ibuprofen		1		8/31/2007	
Box of Depends		Var.sizes		3/8/2007	
Bubble Humidifier		2		8/31/2007	
Canes - brand new		6		6/8/2007	
Catheter Securement Device		2		8/31/2007	
Celebrex 200mg		9 packs	3/pack	8/31/2007	
Chloraprep		10		8/31/2007	
Colostomy Dressings		35 boxes	5/box	8/31/2007	
Colostomy Dressings		18 boxes	10box	8/31/2007	
Colostomy Dressings		1 box	70	8/31/2007	
Colostomy Dressings		1 box	200	8/31/2007	
Colostomy Pouches		1 box	350approx	8/31/2007	
Colostomy Pouches		1 box	50approx	8/31/2007	
Colostomy Pouches		13 boxes	10/box	8/31/2007	
Coreg-Carvedilol		2 boxes	14 tab/box	8/31/2007	
Diabetic Testing Supplies		2 boxes		3/8/2007	
Diebetic testers		3		6/8/2007	
Dressing change tray		1		8/31/2007	
Eakin Cohesive Seal		8 boxes	20/box	8/31/2007	
Exam gloves		1 box	100/box	6/8/2007	
Fiber wafers		1 box	12 wafers	6/8/2007	exp 6/07
Gauze and Ace Bandages		1 box		3/8/2007	
Gauze Package		1		8/31/2007	
Gowns		14		8/31/2007	
Guage Sponges		1 packet	2 sponges	8/31/2007	
Insulin Needles		96		8/31/2007	
Interlink injection site		13		8/31/2007	
Ipratropium Bromide solution		27 boxes	25 vials/bo	8/31/2007	.5mg/2.5ml
Ipratropium Bromide solution		18 packets	5 vials/pk	8/31/2007	.5mg/2.5ml
IV extension set		2		8/31/2007	
Knee Pad		1		8/31/2007	
Lancets		3 boxes	100/box	8/31/2007	
Lifting Belt		2		8/31/2007	
Line clamps		4		8/31/2007	
Liquid Deorderent		10 bottles		8/31/2007	
Matt Pad Twin		1		8/31/2007	
Microbore extensiion set		8		8/31/2007	
Nebulizer Kits		2		8/31/2007	

	Nebulizer/Compressor by Devilbiss1			8/31/2007	Pulmomate
	Nebulizer portable unit ultrasonic	1		8/31/2007	
	Non-rebreathing mask	1		8/31/2007	
	Oxy Hose 50' clear	6		8/31/2007	
	Oxy Hose 25' clear	2		8/31/2007	
	Oxy Hose 14' clear	3		8/31/2007	
	Oxy Hose 7' clear	25		8/31/2007	
	Oxy Hose 100' white	1		8/31/2007	
	Oxygen Hoses:			8/31/2007	
	Oxygen tubing swivel connector	1		8/31/2007	
	PICC central line dressing	2		8/31/2007	
	PICC line set	3		8/31/2007	
	Pill box 28 day	1		6/8/2007	
	Pill box 14 days	1		6/8/2007	
	Pillow Cases	6		8/31/2007	
	Plastic Cannula	57		8/31/2007	
	Prilosec	19 tablets		6/8/2007	
	Protection Pads(Disposable)	4		3/8/2007	
	Protection Pads(Washables)	8		3/8/2007	
	Protective Mitts	4		8/31/2007	
	Roll of soft cloth tape	1		8/31/2007	
	Sheets: Double/Full	7		8/31/2007	
	Sheets: Single	19		8/31/2007	
	Shoes	1 pr		8/31/2007	
	Skin prep protective wipes	8 boxes	50/box	8/31/2007	
	Small Pitcher	1		8/31/2007	
	Spread	4		3/8/2007	
	Steri-strip R1547	3		8/31/2007	
	Stomachhesive Past	11 tubes	2 oz	8/31/2007	
	Styrofoam Support	1		8/31/2007	
	Surgical gloves powdered latex	17		6/8/2007	
	Surgical Hose	2 pair		3/8/2007	
	Surgical Masks	30		6/8/2007	
	Tegaderm transparency dressing	8		8/31/2007	
	Toothbrushes	2		8/31/2007	
	Tubing Pump set	2		8/31/2007	
	Ultrasite valve	4		8/31/2007	
	Uni-solve adhesive remover	12 boxes	50/box	8/31/2007	
	Vent spike	6		8/31/2007	
	Walker - collaspeable alum	3		6/8/2007	
	Walker - non collaspeable alum	1		8/31/2007	
	Walker - 4-prong	1		6/8/2007	
	Washcloths - Prevail	1	48/pkg	8/31/2007	
	Wound Wash Saline	2 bottles		3/8/2007	

Tom Pirnstill

From: "James Benson" <geri16@toast.net>
 To: "Tom Pirnstill" <tpirnstill@sbcglobal.net>
 Sent: Friday, April 11, 2008 7:52 PM
 Subject: PALMS. Non -medicinal. xls

Non-medicinal Supplies Inventory.

To Saginaw

Inventoried 11/12/07

1 hazardous waste box.
 3 vials, " One Touch" test strips (25 count).
 1 partial box "Vitalet " lancelets- approx. 50.
 1 box "EZject" lancets (100).
 1- 6 volt battery.
 1 web belt
 3 partial rolls of tape.
 1 partial 2 in. by 5 yards elastic tape.
 1 roll gauze
 1 box of 2x2in. sterile pads (total 46).
 1 thermal automatic heat pack.
 1 oxegon bottle regulator.
 2- 7 ft. nasal cannula lines.
 1- 25 ft. " " "
 1- 50 ft. " " "
 10- 7x7in. sterile bandages.
 1 box (100) cotton tipped applicators.
 1- 60 ml. syringe.
 19- 4.5 in. x 4.1 yd. sterile gauze roll.
 1 elastic waist band.
 1 box rubber gloves (opened).
 1 dual channel elec. nerve stimulator
 1 blood pressure monitor.
 2 insulin freezer trays.
 6 footless stockings.
 1 lancet pen.
 1 raised toilet seat.
 1 wedge pillow.
 3 walkers.
 1 cane.
 2 grabbers.
 1 rolled pillow.
 1 urine specimen measurer.
 1 wheel chair
 1 dry flotation seat.
 1 drainage bag.
 57- 60 ml. syringes.
 10 Foley cath. trays.
 2 coated Foley caths. (blue).
 10 Foley catheters (green).
 38 extension tubes.
 28- 6 in. Q-Tips.
 50- 5x0 in. surgical pads.
 1 all purpose mask.
 2 "Thi-Hi" support hose, black.
 1 support hose, opaque.
 1 support hose, bronze.
 2 (used) black support hose.
 39 underpads.
 29 size sm./ med. waterproof underwear
 6 super-size disposable underpads.
 14 size med. waterproof underwear.
 6 weekly pill boxes.
 3 daily " " "

- 1 protective powder.
- 1-2 in. gauze.
- 1 plastic basin.
- 1 C.D. film about colostomies.
- 1 video on application guide.
- 7 underepads.
- 195 total Poise pads.
- 15 absorbant pads.
- 1 Oxegon generator.
- 42 Serenity pads.
- Oxegon tubing as follows:
 - 1- 7 ft. with adapter
 - 6 nasal cannulas (7 ft).
 - 9 nebulizer full kits.
 - 1 mask with tubing.
 - 2 adapters.
 - 2 -5 ft.tubing
 - 1- 21 ft. tubing.
 - 1 oxegon starter kit.
 - 1- 5x9 in. pad.
 - 1 scale.





OFFICE OF THE CLARE COUNTY SHERIFF

255 West Main Street • Box 407 Harrison, Michigan 48625-0407

Jeffery V. Goyt
Sheriff

Barney Ledford
Undersheriff

TO WHOM IT MAY CONCERN:

RE: Traveling with bulk Prescription/Non-Prescriptions Drugs

This letter authorizes the below named person to transfer these types of medications between Clare County and St. Mary's Hospital Annex in Saginaw, Michigan.

Thomas P. Pirnstill
8280 W. Ludington Dr.
P.O. Box 498
Lake, MI 48632
DOB: December 12, 1946
DL# P652 792 676 944

This is in support of the P.A.L.M.S. program (Program for Allocating Leftover Medical Supplies). Tom started this program with the cooperation of Sister Phyllis of St. Mary's Hospital in Saginaw, The Clare County Sheriff's Department and the Council on Aging Clare/Gladwin Counties.

Its purpose is to let citizens dispose of unused/unwanted drugs safely without disturbing the environment. It alleviates the need for people to keep drugs in their homes. Those drugs and other supplies will be used for people who do not have insurance and/or cannot afford the medicines they need.

If you have any questions, please do not hesitate to call me personally,

Jeffery V. Goyt
Sheriff
Clare County

TO PROTECT AND SERVE THE PEOPLE OF CLARE COUNTY

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PALMS program ^{4/17/07} hits, tries to fix snag

By CHRISTOPHER MASTEY
THE CLARE SENTINEL

HARRISON A program intended to provide free medicine for seniors could accidentally land some of its members in legal trouble.

However, the program's founder said that he is working with officials to work out a legal solution.

The Program for Allocating Leftover Medical Supplies (PALMS) was recently started by Tom Pirstill as a means of providing medical supplies to senior citizens.

Supplies provided by the program include prescription drugs, syringes and even blankets.

According to Pirstill, the supplies are delivered to the Clare County Sheriff's Department.

"They're locked in the sheriff's department and then transported down to Community Prescription Service in Saginaw," Pirstill said. "Sister Phyllis is a registered pharmacist and licensed to dispense prescriptions."

"People with no insurance are directed to her, and she gives them a month's supply free, and then she tries to get them on a plan with the pharmaceutical companies."

So far, the program has proven very successful.

"We've done two deliveries already down to Sister Phyllis's," he said. "We took down 93 inhalers, 592 bottles of medicine, prescription drugs; about nine

boxes of syringes and 10 nebulizers."

Unfortunately, legal issues have prompted a stop to contributing prescription drugs for the time being.

"After working with [Clare County Prosecuting Attorney] Norm Gage, there's some question to legalities of doing this, so he's asked me to stop collecting the prescription drugs only," Pirstill said. "There's two areas — one would be the transporting of prescription drugs, and the other is possessing drugs you don't have a prescription for."

"Transporting drugs, it's not legal to do that, especially when you get into narcotics, like OxyContin or Vicodin."

"If you get caught with that in possession, it's a 20-year felony."

Pirstill said that he is attempting to work out a solution with State Representative Tim Moore and Gage.

"I'm working with Gage and Tim Moore and we're going to have a meeting at the end of this month, and Tim's office has supported this program from the time I came up with it," Pirstill said. "We'll do whatever's necessary to get the legal side fixed."

In the meantime, Pirstill said that the program is still accepting non-prescription contributions like blankets.

"I encourage people to keep doing what they're doing, but hold onto the prescription drugs until we get a ruling," he said. "People can still drop off other supplies."

P.A.L.M.S.

Program for Allocating Leftover Medical Supplies

This program is unique in that it lets you dispose of medicines and medical supplies that you may no longer need. This program works with the Council on Aging Clare/Gladwin in placing non-medicinal products in homes where they are needed. Examples would be incontinent supplies, oxygen hoses, powder, liquid nutritional supplements, crutches, bath aids, wheelchairs, etc.

Here is how the program works. You may call Verna at the Council on Aging 588-9816 to dispose of the non-medicinal items. She will be happy to advise you.

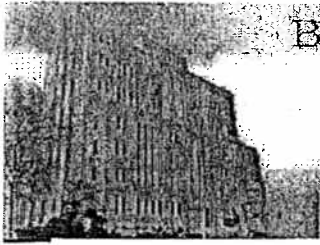
Due to some legalities that are still being worked out, we are not accepting unused prescription medicines at this time. I am working with the prosecuting attorney and State Representative Tim Moore in changing the current law in order to continue that part of the program.

When this portion of the program is restarted you will be able to deposit your unused medicines at the Sheriff's office. You will be saving our ground water by not flushing drugs down the toilet, get medicines out of your house to discourage predators from breaking into your house and ALSO help the less fortunate who cannot afford the medicines they need.



The statewide support of this program has been very encouraging. I have received phone calls from Gratiot County, Ludington, Traverse City and the U.P. wanting to know how to imitate the same program in their area. People want to help other people in a variety of ways. Getting medicines and supplies to the people who need them is one. If you want to support this program, please contact Representative Moore's office at 1-866-Moore97 and let your voice be heard. It's time we make some changes as to how healthcare is handled in this country.

Thanks for making a difference.

Tom Pirnstill



Bay County, Michigan

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COLLECTION & DISPOSAL OF UNWANTED-MEDICATIONS

MEDICINES COLLECTION DAY

On April 23, 2008, from 3:00 p.m. – 7:00 p.m., the Bay County Health Department, in collaboration with Bay Regional Medical Center, the Bay County Sheriff's Department and the Bay City Police Department, is offering local residents the opportunity to dispose of unwanted medicines. There is no charge to this event. The collection will take place at Bay Regional Medical Center's Lincoln Center, located at 820 South Lincoln in Bay City, Michigan. **NO REFUNDS OR EXCHANGES WILL BE PERMITTED.**

WHAT TO BRING TO THE COLLECTION SITE:

- * Expired or unwanted prescriptions and medicine
- * Vitamins
- * Veterinary medications
- * Over the counter medicines
- * Epi-pens and Inhalers

DO NOT BRING THERMOMETERS, NEEDLES, OR MEDICAL OR HOUSEHOLD CHEMICALS OF ANY TYPE!!!

WHAT TO DO: This is an opportunity to clean out your medicine cabinets and bring all unwanted medications, including pet medications, to the event for proper disposal. All medicines should be in their original container(s).

WHAT WILL HAPPEN: There will be a pharmacist and police officer present to supervise the collection. All medicine will be sent to a hazardous waste facility for appropriate disposal. **NO MEDICINE WILL BE RE-USED OR RE-SOLD.**

WHAT ABOUT PERSONAL INFORMATION ON BOTTLE LABELS? To ensure your confidentiality, please use a black permanent marker to cross off your name. Be sure to leave the name of the

L STRASZ

HEALTH SERVICES MANAGER
'89-895-4009

OR 5134 4157
eneh

HEALTH DEPT.
CENTRAL MICH.
- P&E REGISTER
- KEEP IN CONTAINER

600 LBS

WHAT INFORMATION WILL BE ASKED OF YOU? You will be asked a few general questions such as, zip code, why the medicine is no longer wanted, how long they've been kept, and how you heard about this event. **No personal information will be requested.** Please create a list of medications you are dropping off for disposal. Please complete the "Medicine Collection Form" prior to bringing medications to the disposal site.

Everyday, unwanted or expired medicine is disposed of via indoor drains—down the sink or in the toilet. Antibiotics, antidepressants and hormone medications are now found in waterways nationwide because they slip through septic systems and sewage plants untreated. Trace amounts of pharmaceuticals have also been identified in some drinking water supplies. Although using the toilet or sink prevents someone from accidentally taking the medications, disposing of them in this way causes water pollution and has adverse effects on aquatic species, including fish. There may be human affects because the release of antibiotics in the environment fosters the spread of antibiotic resistance among microbes.

You have the opportunity to safely dispose of your unwanted prescription medications at no cost. Spread the word to your friends and family. This is an important new program that will help to protect your health, your children's and grandchildren's health, our community and the environment.

Michigan Department of Environmental Quality Encourages Proper Disposal of Household Medications

Medication Disposal Video (Produced by the Washtenaw County Department of Planning and Environment)

Medicine Collection Form

515 Center Avenue
Bay City, Michigan
48708-5125

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This site is best viewed in Internet Explorer 5.0 and above.





BAY COUNTY Health Department

Creating A Healthy Environment For The Community

Unused/Unwanted Medicines Collection

April 23, 2008 (3:00p.m. – 7:00p.m.)

Location:

Bay Regional Medical Center's Lincoln Center
820 South Lincoln
Bay City, Michigan 48708

Zip Code:

Medicine Name	Amount (Estimate how many pills)	Age of Medicine	How you heard about event?
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			

HOUSE BILL No. 4910

May 12, 2009, Introduced by Reps. Mayes, Moore, Stamas and Ball and referred to the Committee on Health Policy.

A bill to amend 1978 PA 368, entitled
"Public health code,"
(MCL 333.1101 to 333.25211) by adding section 17776.

THE PEOPLE OF THE STATE OF MICHIGAN ENACT:

SEC. 17776. (1) A PHARMACY OR CHARITABLE CLINIC THAT MEETS THE ELIGIBILITY REQUIREMENTS FOR PARTICIPATION IN THE PALMS ESTABLISHED BY SECTION 17775 AND ANY RULES PROMULGATED UNDER SECTION 17777 MAY DO ANY OF THE FOLLOWING:

(A) DISPENSE PRESCRIPTION DRUGS DONATED UNDER THE PALMS TO ELIGIBLE PARTICIPANTS.

(B) IF ESTABLISHED BY RULE UNDER SECTION 17777, CHARGE ELIGIBLE PARTICIPANTS WHO RECEIVE DONATED UNUSED PRESCRIPTION DRUGS A HANDLING FEE FOR THE SERVICE.

(2) A PHARMACY OR CHARITABLE CLINIC THAT MEETS THE ELIGIBILITY

REQUIREMENTS FOR PARTICIPATION IN THE PALMS ESTABLISHED BY SECTION 17775 AND ANY RULES PROMULGATED UNDER SECTION 17777 AND THAT ACCEPTS DONATED UNUSED PRESCRIPTION DRUGS FOR THE PALMS SHALL DO ALL OF THE FOLLOWING:

(A) COMPLY WITH ALL APPLICABLE FEDERAL LAWS AND REGULATIONS AND STATE LAWS AND RULES RELATED TO THE STORAGE AND DISTRIBUTION OF HARMFUL DRUGS.

(B) INSPECT ALL DONATED UNUSED PRESCRIPTION DRUGS BEFORE DISPENSING THE PRESCRIPTION DRUGS TO DETERMINE THAT SUCH DRUGS ARE NOT ADULTERATED.

(C) DISPENSE PRESCRIPTION DRUGS ONLY PURSUANT TO A PRESCRIPTION ISSUED BY A HEALTH PROFESSIONAL.

(D) DESTROY AND DISPOSE OF PRESCRIPTION DRUGS AND OTHER MEDICATIONS THAT ARE DONATED AND THAT ARE INELIGIBLE FOR DISTRIBUTION UNDER THE PALMS SUBJECT TO RULES PROMULGATED UNDER SECTION 17777.

(3) UNUSED PRESCRIPTION DRUGS DONATED UNDER THE PALMS SHALL NOT BE RESOLD. REIMBURSEMENT FROM A GOVERNMENTAL AGENCY TO A CHARITABLE CLINIC DOES NOT CONSTITUTE RESALE OF PRESCRIPTION DRUGS UNDER THIS SUBSECTION.

(4) FOR PURPOSES OF THE LAWFUL DONATION, ACCEPTANCE, OR DISPENSING OF PRESCRIPTION DRUGS UNDER THE PALMS, THE FOLLOWING PERSONS THAT ARE IN COMPLIANCE WITH THE PALMS, THIS SECTION AND SECTIONS 17775 AND 17777, AND ANY RULES PROMULGATED UNDER SECTION 17777 AND IN THE ABSENCE OF BAD FAITH OR GROSS NEGLIGENCE ARE NOT SUBJECT TO CRIMINAL OR CIVIL LIABILITY FOR INJURY OTHER THAN DEATH, OR LOSS TO PERSON OR PROPERTY, OR PROFESSIONAL DISCIPLINARY ACTION:

(A) THE BOARD.

(B) THE DEPARTMENT.

(C) AN INDIVIDUAL, HEALTH FACILITY OR AGENCY, ADULT FOSTER CARE FACILITY, ASSISTED LIVING FACILITY, OR MANUFACTURER THAT DONATES PRESCRIPTION DRUGS TO THE PALMS.

(D) A PHARMACY, CHARITABLE CLINIC, OR HEALTH PROFESSIONAL THAT ACCEPTS OR DISPENSES PRESCRIPTION DRUGS FOR THE PALMS.

(E) A PHARMACY OR CHARITABLE CLINIC THAT EMPLOYS A HEALTH PROFESSIONAL WHO ACCEPTS UNUSED PRESCRIPTION DRUGS FOR THE PALMS AND WHO MAY LEGALLY DISPENSE PRESCRIPTION DRUGS UNDER THIS PART.

(5) FOR PURPOSES OF THE LAWFUL DONATION, ACCEPTANCE, OR DISPENSING OF A PRESCRIPTION DRUG MANUFACTURED BY THE MANUFACTURER THAT IS DONATED BY ANY ENTITY UNDER THE PALMS, A MANUFACTURER IS NOT, IN THE ABSENCE OF BAD FAITH OR GROSS NEGLIGENCE, SUBJECT TO CRIMINAL OR CIVIL LIABILITY FOR INJURY OTHER THAN FOR DEATH, OR LOSS TO PERSON OR PROPERTY, INCLUDING, BUT NOT LIMITED TO, LIABILITY FOR FAILURE TO TRANSFER OR COMMUNICATE PRODUCT OR CONSUMER INFORMATION OR FOR FAILURE TO TRANSFER OR COMMUNICATE THE EXPIRATION DATE OF THE DONATED PRESCRIPTION DRUG.

Enacting section 1. This amendatory act does not take effect unless all of the following bills of the 95th Legislature are enacted into law:

(a) Senate Bill No. _____ or House Bill No. 4911(request no. 01385'09 **).

(b) Senate Bill No. 565 or House Bill No. _____ (request no. 02448'09 *).

HOUSE BILL No. 4911

May 12, 2009, Introduced by Reps. Moore, Mayes, Stamas and Ball and referred to the Committee on Health Policy.

A bill to amend 1978 PA 368, entitled
"Public health code,"
(MCL 333.1101 to 333.25211) by adding section 17775.

THE PEOPLE OF THE STATE OF MICHIGAN ENACT:

SEC. 17775. (1) THIS SECTION AND SECTIONS 17776 AND 17777 SHALL BE KNOWN AND MAY BE CITED AS THE "PROGRAM FOR ALLOCATING LEFTOVER MEDICAL SUPPLIES".

(2) THE BOARD SHALL ESTABLISH, IMPLEMENT, AND ADMINISTER A STATEWIDE UNUSED PRESCRIPTION DRUG REPOSITORY AND DISTRIBUTION PROGRAM CONSISTENT WITH PUBLIC HEALTH AND SAFETY THROUGH WHICH UNUSED PRESCRIPTION DRUGS, OTHER THAN CONTROLLED SUBSTANCES, MAY BE TRANSFERRED FROM AN INDIVIDUAL, HEALTH FACILITY OR AGENCY, ADULT FOSTER CARE FACILITY, ASSISTED LIVING FACILITY, OR MANUFACTURER TO A PHARMACY OR A CHARITABLE CLINIC THAT ELECTS TO PARTICIPATE IN THE

PALMS. THE PALMS IS CREATED TO DISTRIBUTE UNUSED PRESCRIPTION DRUGS, OTHER THAN CONTROLLED SUBSTANCES, TO ELIGIBLE PARTICIPANTS.

(3) PARTICIPATION IN THE PALMS BY AN INDIVIDUAL, HEALTH FACILITY OR AGENCY, ADULT FOSTER CARE FACILITY, ASSISTED LIVING FACILITY, MANUFACTURER, PHARMACY, OR CHARITABLE CLINIC IS VOLUNTARY. NOTHING IN THIS SECTION OR SECTIONS 17776 AND 17777 REQUIRES ANY INDIVIDUAL, HEALTH FACILITY OR AGENCY, ADULT FOSTER CARE FACILITY, ASSISTED LIVING FACILITY, MANUFACTURER, PHARMACY, OR CHARITABLE CLINIC TO PARTICIPATE IN THE PALMS.

(4) PHARMACIES, HEALTH PROFESSIONALS, AND CHARITABLE CLINICS SHALL USE THE FOLLOWING CRITERIA IN ACCEPTING AND DISPENSING UNUSED PRESCRIPTION DRUGS FOR USE IN THE PALMS:

(A) ONLY PRESCRIPTION DRUGS IN THEIR ORIGINAL SEALED, TAMPER-EVIDENT, AND UNOPENED UNIT DOSE PACKAGING SHALL BE ACCEPTED AND DISPENSED. HOWEVER, PRESCRIPTION DRUGS PACKAGED IN SINGLE-UNIT DOSE PACKAGING MAY BE ACCEPTED AND DISPENSED EVEN IF THE OUTSIDE PACKAGING IS OPEN AS LONG AS THE SINGLE-UNIT DOSE PACKAGING IS UNOPENED.

(B) THE FOLLOWING SHALL NOT BE ACCEPTED AND DISPENSED:

- (i) EXPIRED PRESCRIPTION DRUGS.
- (ii) CONTROLLED SUBSTANCES.
- (iii) SAMPLE PRESCRIPTION DRUGS.

(C) A PRESCRIPTION DRUG SHALL NOT BE ACCEPTED AND DISPENSED IF THE PERSON ACCEPTING OR DISPENSING THE DRUG HAS REASON TO BELIEVE THAT THE DRUG IS ADULTERATED.

(D) SUBJECT TO THE LIMITATIONS PRESCRIBED IN THIS SUBSECTION, UNUSED PRESCRIPTION DRUGS DISPENSED FOR PURPOSES OF A MEDICAL

ASSISTANCE PROGRAM OR DRUG PRODUCT DONATION PROGRAM MAY BE ACCEPTED AND DISPENSED UNDER THE PALMS.

(E) A PRESCRIPTION DRUG OR ANY OTHER MEDICATION THAT IS INELIGIBLE FOR DISTRIBUTION UNDER THE PALMS MAY BE ACCEPTED FOR DESTRUCTION AND DISPOSAL SUBJECT TO RULES PROMULGATED UNDER SECTION 17777.

(F) ANY ADDITIONAL CRITERIA ESTABLISHED IN RULES PROMULGATED UNDER SECTION 17777.

Enacting section 1. This amendatory act does not take effect unless all of the following bills of the 95th Legislature are enacted into law:

(a) Senate Bill No. ____ or House Bill No. 4910 (request no. 02447'09 *).

(b) Senate Bill No. 565 or House Bill No. ____ (request no. 02448'09 *).